

# Make a Pompom

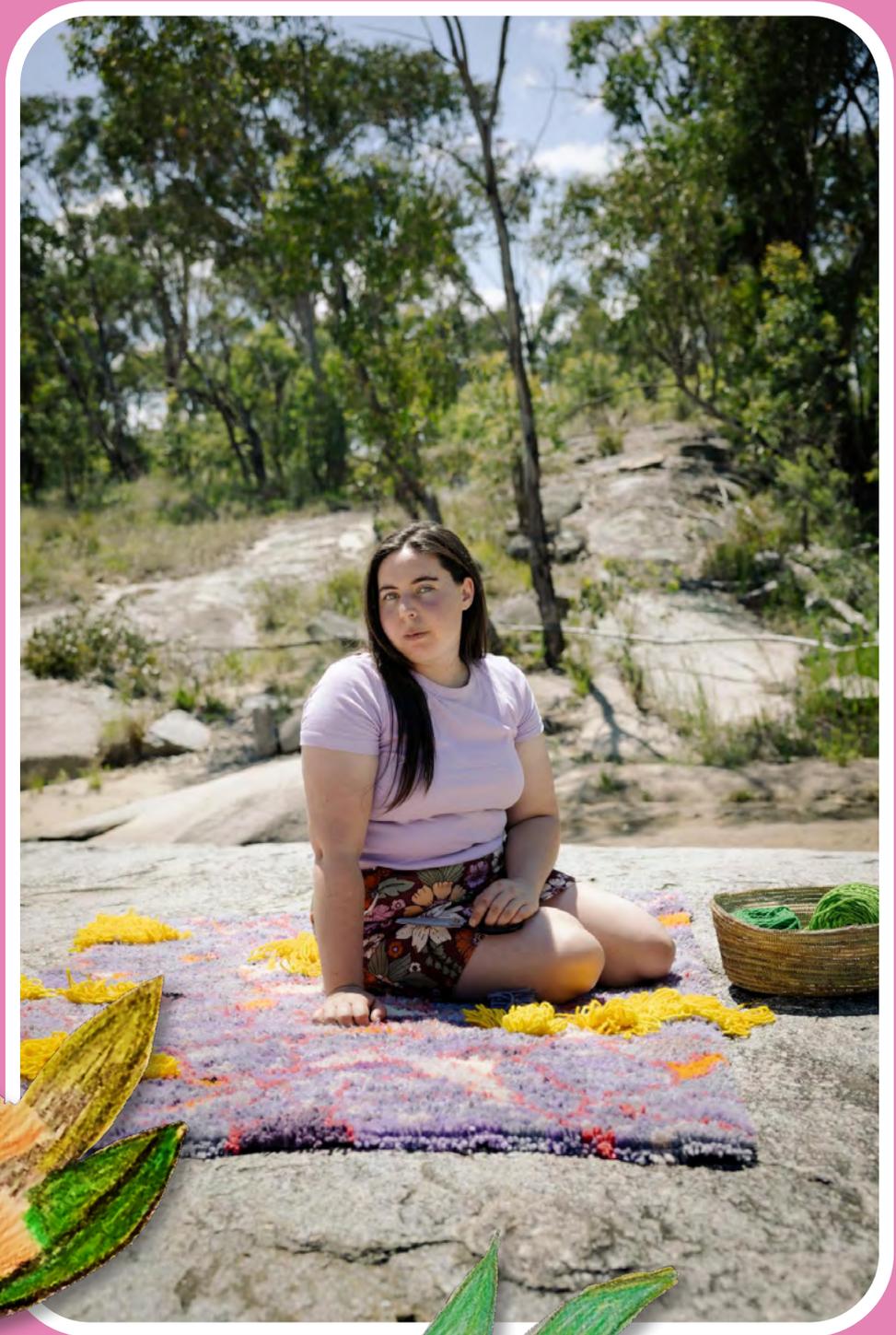
WITH SOPHIE HONESS

Sophie Honess is a Gamilaroi Yinarr artist based in Tamworth, New South Wales. She creates colourful textile art referencing her ancestral lands of Daruka on Gomeroi Country. Using wool, Sophie carefully crafts wall hangings celebrating the natural beauty of grasses, creek beds, grains of sand and bush plants like wattle and eucalyptus flowers found on Country. You can see Sophie's work on display in *My Country | Country Road + NGV First Nations Commissions* at NGV Australia.

Be inspired by the natural world around you and follow Sophie's instructions for making a bush flower pompom to add to your schoolbag.

## You will need

- Scissors
- Needle
- Embroidery thread
- Coloured wool
- Felt
- Two cardboard rings



## To start

- 1 Place two cardboard rings together and line up the two slits.
- 2 Holding the end of the wool against the cardboard, start wrapping it around the rings.
- 3 Continue wrapping the wool around the rings until the cardboard is completely covered. The more wool, the fuller the pompom.

**TIP:** To add more wool or change colour, take a new piece and continue wrapping. Make sure to wrap over the end of the first piece to secure it in place.

## Once you have finished wrapping

- 1 Cut an arm's length of wool and keep to the side.
- 2 Gently push scissors between the two pieces of cardboard and cut the wool along the cardboard edge, ensuring you hold the cardboard rings firmly.
- 3 Take the length of wool, wrapping it between the centre of the cardboard rings twice, before securing with a tight knot.
- 4 Carefully remove the cardboard rings.
- 5 Trim the pompom so that it is nice and round.



## Add leaves

- 1 Thread an arm's length of embroidery thread through the needle eye and tie the end into a knot.
- 2 Cut some felt into leaf shapes.
- 3 Arrange the leaves together and sew with the needle and thread.
- 4 Once the leaves are secured together, remove the needle from the thread. Loop the thread around the centre of the pompom a few times and tie a knot to secure.
- 5 Trim off any extra thread.

## Add to your bag

- 1 Take a length of wool and loop around the middle of the pompom a couple of times before tying a tight knot.
- 2 Attach the pompom to your bag.

